



The Cross Country Adventure

On the 20th of September, the MHPS Cross Country Team made their way to New River Sports Centre, to test their bodies to the absolute limits.

The starting point was located at a treacherous, marshy hill where the selected Haringey teams were gathered, shaking, excited, nervous and stimulated as the whistle blew.

Whoosh.

We were off.

An army of children darted up the slope, their brand new trainers sticking to the boggy ground. By the time we got to the top of the hill, some competitors were breathless already... but boy was there a long way to go yet.

The roar of the crowd was ecstatic, presenting the athletes with a huge wave of hunger for the win.

Legs screaming, forehead dripping with sweat, we dragged ourselves round the final lap.

Finally! The finish line was in sight! Suddenly, an unexpected burst of energy kicked in, and all the agony, stress and cramp disappeared. We found ourselves sprinting the last 100 metres or so, and collapsed as soon as we hit the finishing line. The 2 kilometre race was over. Done. Dusted.

And we enjoyed every single minute of it.

Written by Lily and Lila, Year 6

