

Headteacher: James Wiltshire
Top of Muswell Hill
London N10 3ST
020 8444 8488



office@muswell-hill.haringey.sch.uk
www.muswellhillprimary.co.uk
Entrance: 26-28 Dukes Ave, N10

20 September 2017

Dear Parent/Carer

NSPCC 'SPEAK OUT. STAY SAFE.' PROGRAMME

I am pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who will be delivering their '**Speak out. Stay safe.**' programme here on Friday 29 September 2017. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands to give them the knowledge and understanding they need to stay safe from abuse. With the help of their friendly mascot Buddy, the NSPCC will be presenting an assembly to the children in our school as well as a workshop for children in Years 5 and 6.

What is the 'Speak out. Stay safe.' programme?

Through child-friendly, interactive assemblies and workshops specially trained NSPCC staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we are convinced children will feel empowered – knowing how they can speak out and stay safe.

"This service provides important information in a child-friendly way – it should be made mandatory in all schools. A brilliant service!" *Teacher, Wistaston Primary, Crewe*

"The NSPCC has helped me to build the confidence to tell people about my worries and problems." *Child's feedback*

If you would like any more information about the NSPCC's '**Speak out. Stay safe.**' programme, you can find it on the NSPCC website [here](http://www.nspcc.org.uk). Alternatively, please speak to your child's class teacher if you need any further information or have any concerns. **If you wish to withdraw your child from the sessions please let your child's class teacher know.**

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. This includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you would like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Yours sincerely

James Wiltshire, Headteacher

